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OCTOBER 2015

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FROM THE CEO

DEAR MARYMEAD SUPPORTERS,

The opportunity to lead the Marymead team has been very exciting, not only to contribute to the work of such a well-recognised family, youth and children services organisation in the region but also to learn of our community connection and how it is valued by so many people. My first six weeks has been filled with meeting staff, funders and sponsors, clients, carers, and stakeholders and I would like to thank everyone for their warm welcome. I particularly enjoyed meeting so many enthusiastic supporters at the Marymead 'Thank you to Sponsors' function in early September. I have been very moved by the depth of commitment of the community to the work of Marymead.

We do have some challenges ahead with the still unknown outcome of the 'Step Up for Kids Out of Home Care' tender for the delivery of foster care, contact visit support, and residential care services for children and young people in the ACT. Whilst this part of the services may change, we are also considerably increasing our foster care services in the NSW rural areas in the archdiocese due to requests from NSW Family and Community Services. It is important to note that whilst the ACT Out of Home Care Services may transition, Marymead will still have significant counselling, supervised contact and support services in Canberra.

We have already commenced some significant actions to assist Marymead to deliver the best services possible. Firstly, we have completed a process to review our quality systems needs and are embarking on the Quality Innovation Program accreditation process with the Quality Improvement Council. Secondly, we are taking a good look at the completion of our first Reconciliation Action Plan and have plans to increase the rigour of our actions, from collaborating and participating in community sector activities, through to the displaying of Aboriginal and Torres Strait Islander flags and symbols at each of our sites. I'm sure many of you will be familiar with our *mulch*, Wheelies and Kids Companions services; we are now working hard to ensure that we are promoting these services to the right people and getting

the message into the community that these services are available.

One of the most exciting pieces of news to share with you has been the news from Macquarie University and Marymead project measuring the outcomes of the Circle of Security program (sitting within the Early Life Matters service). Results are compelling and confirm the value of this clinical approach and two papers from this research have now been accepted for publication in high impact international peer reviewed journals. Marymead has been recognised as a world leader in the use of both the 20 week and eight week Circle of Security programs. Professor Neil Boris, an international expert on early childhood and infant mental health from Florida, referred to Marymead at the Edinburgh 2014 WAIMH meeting as a world Centre of Excellence in this regard, and the leaders for the Circle of Security International.

Over the last few weeks we have had some great fundraising events, NEXGEN's Cocktails for a Cause and the Auxilliary's Plant & Garage sale. It was lovely to see so much support for Marymead at these events!

Yours Sincerely,

Camilla Rowland.

Camilla Rowland
Chief Executive Officer





Hello again...

These last few months certainly flew by, and 'Way2Fast' really got things speeding along by hosting a slot car endurance event with proceeds made from their sausage sizzle donated to Marymead during May, Marymead's May-Jor fundraising month.

The fabulous teams at local Domino's Pizza franchises also got things moving along during May. Once again Domino's contributed to helping Marymead by donating 50 cents from each pizza sold on Mondays in May at all Canberra, Queanbeyan and Goulburn Domino's stores. A big thank you to Domino's for their continued support!

Marymead hosted the 'Glitz and Glamour Ball' on 29th May at the Canberra Southern Cross Club in Woden. Guests had a memorable night and enjoyed a wonderful 3 course meal with beverages and then danced the night away to the impressive tunes of local band Hitparade.

Speaking of the Southern Cross Club, Marymead also had a stall at the recent Volunteering Expo held there. This provided us with a fantastic opportunity to let the public know about the many ways they can volunteer with Marymead such as Kids' Companions or by joining the Marymead Auxiliary or NEXGEN among others. A big thank you to those who volunteered to help man our booth!

We are happy to announce that Marymead ACT/NSW has an Instagram page that you can follow to keep up to date with our upcoming events as well as share and see photos from our Marymead activities. Get following on Instagram @ 'marymeadactnsw'.

Finally, we would like to thank the sponsors and supporters of Marymead. Without your commitment and generosity, it would not be possible to achieve the work that is done for the Marymead community.

Nicole Taliano and Jeff Griffiths
Editors



Find us on
Instagram



Lollipop's Playland and Cafe Canberra Marymead's latest Community Partner!



We are excited to announce that Lollipop's Majura Park and Marymead have recently become charity partners. Lollipop's Playland at Majura Park features a unique and fun playland for children in an indoor, clean, safe and supervised environment. We look forward to working closely with Lollipops over the next 12 months and appreciate their support!



A big thank you to our sponsors for making the following events possible...

Glitz & Glamour Ball

Cord Civil
Paragon Printers
Canberra Southern Cross Club
The Hyatt Hotel, Canberra
Jet Flight Simulator, Canberra
Medina Serviced Apartments, Canberra
Greater Western Sydney Giants
Merimbula Beach Holiday Park
King & Wood Mallesons
Rama's Fiji Indian Restaurant
Elite Auto Tint
Tupperware, Alex Smith

Marymead's Auxiliary Christmas Raffle

Maria Slater Travel, Mawson
Bags To Go, Fyshwick
Harvey Norman, Canberra
Canberra Outlet Centre
Bunnings, Fyshwick

We would like to thank the following schools who have recently raised money for Marymead by holding a Mufti Day

St Thomas More's Primary School
St Thomas Aquinas Primary School
Weetangera Primary
Aranda Primary

And a big thank you to the following for donating free tickets / passes to various events and attractions as well as fundraising on behalf of Marymead

Way 2 Fast for running a raffle and sausage sizzle at its 4 hour day/night enduro
ACTION Buses for their continued support of Marymead's Auxiliary Monster Garage Sales
Bunnings, Fyshwick – Fathers' Day Family Evening, sausage sizzles and ongoing support
Griffith Butchery for their continued support and generosity
Muddle Puddle Market
Barnardos Australia and Drug Arm Australasia for providing movie tickets to our clients
Independent Liquor Retailers
Snedden Hall & Gallop
Canberra Symphony Orchestra (Heartstrings Program) tickets to the Canberra Weekly Matinee Magic concert
Canberra Walk-In Aviary
Cockington Green
Questacon
Tidbinbilla
Careflight's Magic Mania tickets

Coming Up at Marymead

The Embassy of the Republic of Korea will be hosting a K-Food Hansik Festival on Saturday 10 October from 10.00am - 4.00pm. The Korean Embassy has also chosen Marymead as their Charity Partner. Come along and enjoy a wonderful day of traditional music, dance, Taekwondo demonstration and food. Marymead will be there with an information stall and our wonderful Auxiliary members will be selling raffle tickets for their Christmas Raffle. The K-Food Hansik Festival will be held at the Embassy of the Republic of Korea, 113 Empire Circuit, Yarralumla ACT.

The Auxiliary will be at it again on 28 October, hosting a gorgeous Spring Morning Tea to be held in the gardens at Government House, Yarralumla from 10am - 12noon. A donation of \$25.00 will apply to raise funds for Marymead.

Auxiliary's most popular event, the Marymead Annual Fete, is fast approaching. Always a hit with the local community, this year's fete will be sure to not disappoint. There will be something fun for everyone on Saturday 7 November from 9.00am - 1.30pm at the Marymead grounds – 255 Goyder St, Narrabundah ACT. We hope to see you there!

The Canberra Show is on again on 26-28 February 2016 at Exhibition Park, Canberra, and Marymead will be there once again as the Show's Charity Partner.

THE MARYMEAD
FETE
Sat 7 November
9.00am-1.30pm
255 Goyder Street Narrabundah



For further information please contact
Robyn Skinner on 6162 5825
or email events@marymead.org.au

CORD CIVIL
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National Capital Motors
VEHICLE SPONSOR



marymead
children • families • community



marymead
children • families • community

Spring Morning Tea

IN THE GARDENS AT GOVERNMENT HOUSE

The Marymead Auxiliary invites friends of Marymead to be our guests at a Spring Morning Tea to be held in the gardens at Government House, Yarralumla Wednesday 28th October 2015, From 10am to 12noon

To raise funds for Marymead a charge of \$25.00 will apply. There will be morning tea, craft, preserves, raffle and entertainment.

For further information
Libby Amiel 6296 6596 email: libri@homemail.com.au
or Jo Dean-Ritchie 6162 5800
email: joanne.dean-ritchie@marymead.org.au
Please RSVP by Wednesday 21st October 2015.



NEWS FROM THE programs



Muddle Puddle MARKET

Gorgeous handmade goods FROM local small businesses

10am - 2pm Sunday 1 November

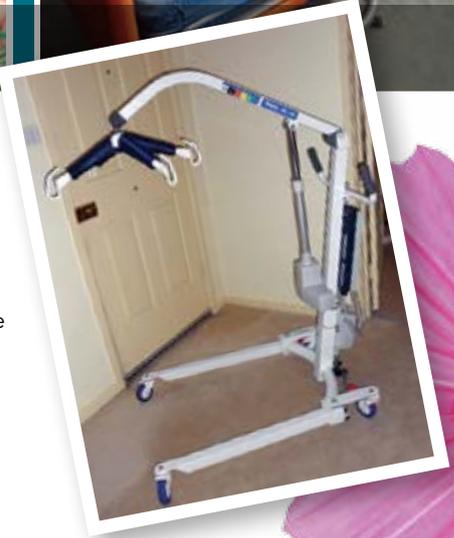
Fitters Workshop
Kingston Arts Precinct
Wentworth Avenue
Kingston ACT 2604

Muddle Puddle
For more info on the market a stall
call 0491 048 793
info@muddlepuddlemarket.com.au
www.muddlepuddlemarket.com.au
Facebook: Muddle Puddle Market
Instagram: MuddlePuddleMarket
Twitter: muddlepuddlemarket

Disability Respite Services

The Bowen Therapies Organisation provided a donation for disability aides to be purchased for the Disability Respite Services that provides respite care to young people with disability up to the age of 25.

The disability aides include a Volker bed and a patient hoist. The Volker bed will be used for young people with restricted mobility or disabilities, which impair movement to facilitate independent positioning in order to sit up in bed to read or watch TV, which can help to maximise safety and comfort. The patient hoist will be used to lift and transport young people that may have mobility issues. They make transportation easy, comfortable and safe. Additionally there is no risk of back injuries from carers or parents moving young people with minimal assistance.

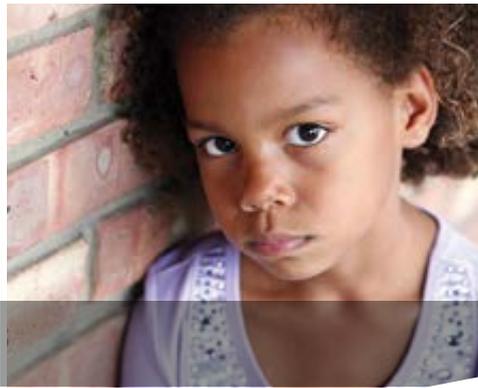


Through these donations the Bowen Therapies Organisation have assisted in Marymead's vision to strive to support families and build independence for young people living with a disability.



The *mulch* team participated at the Control & Choice Expo on Thursday 21 May at Exhibition Park in Canberra. This is Canberra's biggest disability event, featuring over 100 exhibitors who have something to offer people with disabilities, particularly those who are transitioning to the National Disability Insurance Scheme. Well done *mulch*!





newhorizons

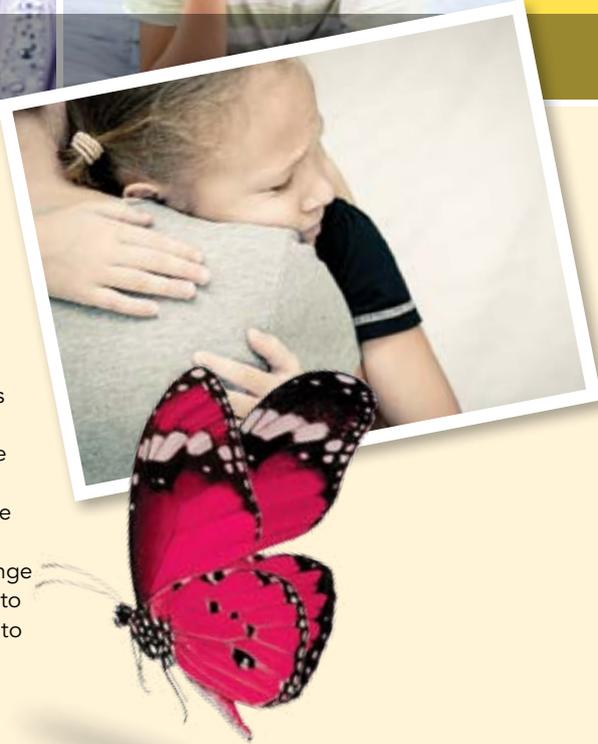
HEALTHY MINDS, HEALTHY PEOPLE

In December 2014, Marymead was successful in their tender bid to the Department of Social Services under the Community Mental Health funding and the Children and Parenting funding. The success of this tender meant that we were not only able to maintain all current staff but we were also able to employ additional new people and provide new services as well.

One of these amazing new services is the New Horizons Program. The New Horizons Program is a free and confidential, early intervention, mental health support service for children and young people, 0-18 years, in a whole-of-family context throughout the Canberra and Queanbeyan areas.

New Horizons is a program that offers a range of both long-term and short-term services to children, young peoples and their families to promote mental health and well being.

For further information contact Horizons on 1800 427 920 or email newhorizons@marymead.org.au



CALENDAR OF OPEN GARDENS 2015-16

Open days	Name of garden	Address	Other details
Saturday 26 – Sunday 27 September	Burrumul	14 Harcourt St, Weetangera ACT	
Saturday 3 – Sunday 4 October	Understorey Garden	7 Tinaroo Place, Duffy ACT	
Saturday 31 October – Sunday 1 November	Eis's Garden	3 Ramage Place, Flynn ACT	Parking also available in northern end of Vickers Cres – follow our signs
Saturday 7 – Sunday 8 November	Christine's Garden	48 Weathers Street, Gowrie ACT	
Saturday 21 – Sunday 22 November	Woodburn Garden	20 Mulga St, O'Connor ACT	
Saturday 21 – Sunday 22 November	Tom's Sustainable Garden	22 Irene Avenue, Queanbeyan NSW	
Saturday 28 – Sunday 29 November	Peter & Lyn's Garden	1048 Old Cooma Rd, Gungahlin NSW	Directions will be provided soon
Saturday 12 – Sunday 13 March	Lorraine & Geoff's Garden	93 Macfarland Place, Pearce ACT	
Saturday 19 – Sunday 20 March	Roogulli	45 Glendale Lane, Bywong NSW	Directions will be provided closer to the date

Opening hours: All gardens are open from 10am to 4pm.
More gardens: We are still finding more gardens so please keep checking our website www.opengardenscanberra.org.au

Garden entry fees: Members free. Non-members \$8 for one garden. Children under 18 free if with an adult.
Membership: Join Open Gardens Canberra for only \$25 and all gardens are free for a year.





NEXGEN

Canberra's next generation of fundraisers

Cocktails for a Cause

On Thursday 24 September Marymead's NEXGEN again hosted 'Cocktails for a Cause' at the Aviary Rooftop Bar in Westside Acton. The night kicked off at 6pm, with guests receiving a complimentary cocktail on arrival as well as irresistible canapés provided by Miss Vàn's Street Food throughout the night. Guests relaxed with a cocktail or two... and giveaways, while the live music provided the perfect soundtrack to the glistening views over Lake Burley Griffin.



We would like to thank outincanberra.com.au, The Mark Agency, Aviary Rooftop Bar, Westside Acton Park, Miss Vàn's Street Food, Eden Road Wines, Barrio Collective Coffee, Wotso Workspace, Nightfest, WINTV and everyone who attended, donated and supported this event.

Thank you to NEXGEN for providing another wonderfully fun night raising money for Marymead to continue their mission of building futures for children, young people and their families.

CANBERRA
OUTLET CENTRE

MARYMEAD CHARITY RACEDAY
SAVE The DATE
THOROUGHbred PARK

19 MARCH 2016



Join us on **facebook, twitter and instagram**

Show your support for Marymead and keep up to date with the latest news and events by joining our Facebook, Twitter and Instagram and promoting it to your friends. This social media provides a medium for us to connect with our community, reach clients, and promote the interests of young people and their families in Canberra and beyond.



PICS FROM THE
auxiliary



Spring Plant Sale and Monster Garage Sale

As always our Auxiliary hosted another successful Cards and Games Day, recently. The Spring Plant Sale and Monster Garage Sale that was held at Marymead on 26 September with proceeds going to Marymead. The day was a great success with many people from the community coming along to enjoy the sausage sizzle and support Marymead. Our wonderful Auxiliary never ceases to amaze, with both the effort and commitment they continually put in to raise money each and every year.



Marymead 2015 Christmas Raffle

Tickets are only \$2.00 each!

If you would like to purchase a ticket or a book of tickets for our Christmas raffle call Robyn today on 6162 5825.

The total value of prizes is over \$5,500 with the first prize being a \$3,000 travel voucher thanks to Maria Slater Travel plus a \$300 'Bags To Go' gift voucher!

TOTAL VALUE OF PRIZES OVER \$5,500!



Thinking of volunteering? Would you also like to meet new people?

If you are thinking about volunteering and making a difference to the lives of children, young people and their families, maybe consider joining our Auxiliary or NEXGEN Volunteers.

Perhaps you may have just left the workforce and are looking to meet new people? Our Auxiliary always welcome new members. Or perhaps you would like to join a dynamic team of young and fun individuals who are also making a real contribution to Marymead? Marymead's NEXGEN are making a difference by giving back to the community.

For more information about our Auxiliary and NEXGEN, contact Jo Dean-Ritchie on 6162 5800 or email Jo, joanne.dean-ritchie@marymead.org.au

support those who support us..

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PROUDLY SUPPORTING MARYMEAD



Christmas Raffle 2015

TOTAL VALUE OF PRIZES OVER \$5,500!



Tickets only \$2.00 EACH

1ST PRIZE Maria Slater Travel (MAWSON) Gift Voucher \$3,000.00



PLUS Bags to Go Luggage Retail value \$300.00



2ND PRIZE Sealy Queen Ensemble Harvey Norman Canberra Bedding

Retail Value \$1,599.00 (Sale Price)



3RD PRIZE Canberra Outlet Centre Gift Voucher

Valued at \$500.00



4TH PRIZE Jumbuck Outdoor Pizza Oven Bunnings, Fyshwick

Retail value \$298.00



Supporters and Sponsors Event



MAJOR SPONSOR AND BUSINESS SUPPORT PARTNER PROUDLY SUPPORTING MARYMEAD SINCE 2012



MAJOR MEDIA PARTNER 2011-2015



CORPORATE PARTNER & VEHICLE SPONSOR

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The Canberra Times

KING & WOOD MALLESONS



FYSHWICK ACT



COMMUNITY PARTNERS



HOW TO CONTACT US

255 Goyder St Narrabundah ACT 2604 | PO Box 4260 Kingston ACT 2604
Phone: 02 6162 5800 | Fax: 02 6295 9944 | Email: programs@marymead.org.au

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Marymead would like to acknowledge the traditional custodians of the land on which we meet and pay respect to elders both past and present.

If you would like to be removed from our mailing list please contact us on 02 6162 5800 or via email at programs@marymead.org.au or write to us at PO BOX 4260 Kingston ACT 2604. MARYMEAD IS AUSPICED BY THE CATHOLIC ARCHDIOCESE OF CANBERRA AND GOULBURN