

Transforming the lives of children, young people and their families

CANBERRA / COOMA / GOULBURN / MORUYA / QUEANBEYAN / WAGGA WAGGA / YASS / YOUNG



From the CEO

Marymead began 2016 with the launch of the revised strategic direction of the organisation to focus on transforming the lives of children, young people and their families. This new direction extends Marymead's vision from creating brighter futures to actively pursuing transformative solutions with our clients and communities. We were very fortunate to have Minister Bourke launch the new Strategic Plan in the ACT and the Mayor of Wagga Wagga, Rod Kendall, launch the plan and the opening of the new office in the Riverina.



I would like to take the opportunity to thank all our ACT and NSW rural stakeholders and clients for their engagement in the development of our new plan which sets the way forward for the next 50 years. A key component of our strategic planning process was sadly to prepare for the transition of our ACT foster care service and out of home care residential care service to the new consortium appointed by ACT Government and we anticipate that the full transition be completed by end June 2016 (with the out of home care residential care having been completed in January this year).

In line with the strategic planning and this transition, the organisation has undertaken a major redesign to realign our client services into key areas of Accommodation Services, Foster Care (NSW), Counselling and Education, Living Skills/Community Participation and Co-ordination and Capacity Building. To oversee the delivery of our expanding and new services to the region, we appointed and welcomed Cara Jacobs as the new Director of Client Services in February. Cara comes to us from Centacare Bathurst with years of experience in managing community services in rural areas and we are delighted to have her on board.

The first part of this year has commenced with some very exciting events for Marymead and our supporters. ➤

LEFT: L-R ROD KENDALL, CAMILLA ROWLAND, MICHELLE LEWIS AND KEITH ROBERTS. PHOTO COURTESY OF WAGGA WAGGA DAILY ADVERTISER. RIGHT: ROD KENDALL AT THE OFFICIAL OPENING OF MARYMEAD'S WAGGA WAGGA OFFICE.



From the Editor

Firstly we celebrated the Marymead Auxiliary 50 Years of Service with a presentation of commemorative badges by Lady Helen Deane (our Patron) in March and following this the Marymead Auxiliary received a lovely well deserved surprise, being awarded a Canberra Gold Award for 50 years' service to the community.

Our Auxiliary is part of the backbone of Marymead and we are delighted with the recognition of their contributions over the years to our clients, our organisation, and the broader community. These first few months also marked the opening of the Ricky Stuart House in Chifley for respite for parents with children with disabilities which Marymead is managing as part of the Marymead Short Term Accommodation Service, the opening of our service in Wagga Wagga with our expanding foster care services in the surrounding rural areas and the launch of the Marymead property redevelopment project at Narrabundah.



This edition outlines more information on all the major activities of the organisation and demonstrates just how busy we are going forward.

Yours sincerely

Camilla Rowland
Chief Executive Officer

Wow! What a few months this has been! Two launches of Marymead's new Strategic Plan, one in Canberra and one in our new office in Wagga Wagga, an Auxiliary AGM where a cheque for over \$86,000 was presented to Marymead, a Canberra Chief Minister's Gold Award presented to the Auxiliary for 50 years' service to the community, a presence at the ActewAGL Royal Canberra Show as their Official Charity Partner and a Race Day! That's not a bad start to the year and the calendar for the rest of the year is a little of the same, which is fantastic.

Up-coming events for the Auxiliary are listed later in this publication but include our Autumn Plant and Monster Garage Sale on Saturday 7 May, perfect timing for that last minute gift purchase for Mother's Day!

I would like to make special mention of the Auxiliary's retiring President, Coral Henderson, who steered the ship to its record fundraising year and who worked tirelessly in some way at each and every event, and there were a few of them! A sincere thank you to Coral.

Also coming up soon is the annual St Vinnie's CEO Sleepout, at which our very own CEO, Camilla Rowland, will be participating in for the second year in a row. This year, Camilla, as a 'Sleepout Champion', is keen to raise even more money for this outstanding cause. I would encourage you to support Camilla by sponsoring her in her endeavour.



A quick note regarding the Entertainment Books that Marymead has previously sold, these can now be purchased at the Centre Management Office at the Canberra Outlet Centre with \$12 from every book sold coming to Marymead!

Finally, just a reminder that it will soon be the end of the financial year and of course all donations of \$2 or more to Marymead are tax deductible!

Until next time!

Jeff Griffiths
Editor



News from the Programs



PODS – POSITIVE DISABILITY STRATEGIES

Marymead’s Positive Disability Strategies is the name for the suite of disability services that Marymead now provides within the local community. One of these services, Marymead’s Short Term Accommodation Service, is very excited to be managing Ricky Stuart House, a state of the art facility that was officially opened by Chief Minister Andrew Barr on 23 February.

This purpose built respite facility is located in Chifley ACT and provides support services for children from five to twelve years with disability.

Short term accommodation is also available for older children and young adults at Marymead’s cottages located within the Narrabundah campus.

For more information regarding our Short Term Accommodation Service please contact Glenda Cadzow, Unit Manager, Accommodation Services on 6162 5800 or email Glenda at glenda.cadzow@marymead.org.au



FAMILY SKILLS

Marymead’s Anger Management Course STRONG EMOTIONS AND FAMILY RELATIONSHIPS

Marymead has, for many years, offered anger management courses for men, and indeed could be considered a leader in the field. In recognition of this course’s success, Marymead has received official notification that accreditation has been attained from the Institute of Group Leaders in Sydney. The course, 'Strong Emotions and Family Relationships' consists of four modules, with three of these modules having received accreditation. With accreditation of the fourth module expected shortly, Marymead will be recognised as a major player within Australia in the area of anger management. Special recognition for the Program’s achievements needs to go to the Counselling and Education Unit’s Terry Norman.

The course is designed for men over the age of 20. Over the last few years the groups have tended to include approximately 10–15% of clients who are mandated to be there, approximately another 20% of clients who attend on the recommendation of their lawyers, while the remainder are referred from a variety of sources included self-referrals. The modules are designed to represent a gradual build up from one to the next, so that a client who attends all four courses will emerge with a considerable knowledge of anger management, and hopefully with some significant change in behaviour and attitudes.

The four modules are as follows:

- Introduction to Anger Management – four by three hour sessions
- Accepting and Valuing Strong Emotions – four by three hour sessions
- Strong Emotions and Family Relationships – four by three hour sessions
- Anger Management and Skills Development – five by three hour sessions



For more information regarding our Anger Management Course please contact us on 6162 5829 or email familyskills@marymead.org.au

News from the Programs



GRANDPARENT'S GROUP

Marymead's Grandparents Group for Grandparent Carers within the ACT, offers support to those who are facing varied and demanding challenges in their role as grandparents.

The group, which meets monthly, provides the opportunity to meet with other grandparents in a similar situation and provides social time and occasional group outings.

Marymead is also currently looking at expanding this group within the coming year to include grandparents who are preparing to become primary carers and provide linkages and mentoring support.

To find out more contact Marymead on 6162 5800 or email programs@marymead.org.au

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MARYMEAD IS AUSPICED BY THE CATHOLIC ARCHDIOCESE OF CANBERRA AND GOULBURN

If you are a member of the Canberra Southern Cross Club supporting Marymead has just become easier...

Simply nominate Marymead as your preferred charity and **10% of your food and beverage spend** at it's venues* will be donated to Marymead!



JUST LET THE CLUB KNOW NEXT TIME YOU VISIT!

*10% of member spend is calculated on food and beverage purchases at Canberra Southern Cross Club Woden, Jamison, Tuggeranong and Yacht Club venues. Fuctions and purchases made on the boat are not included.

News from the Programs

Thinking of becoming a foster carer?

Call NSW Foster Care on 6162 5800 or email us at fcinfo@marymead.org.au



NSW FOSTER CARE

In February of this year Marymead was delighted to receive the announcement from the Office of the Children’s Guardian of full accreditation of our NSW Foster Care Service for a period of three years. This confirms the high quality effectiveness and performance of Marymead’s Foster Care Services and that standards of good practice have been continuously met. Accreditation or participation in a Quality Improvement Program is mandatory in order to provide out-of-home care in New South Wales. However, accreditation programs are also important as they provide a formal framework based on accepted standards for service delivery and assists in:

- having a common understanding of good practice
- working towards quality improvement
- making systematic judgements about performance against standards
- encouraging greater scrutiny of outcomes and quality by service users.

The accreditation program enables Marymead and the Children’s Guardian to work together to provide out-of-home care that promotes the best interests and rights of children and young people and focuses on meeting their needs, in what is often a traumatic period in their lives.

Marymead is currently providing support to 102 Foster Care families throughout the Southern and Western regions of NSW.

If you are interested in finding out more about our NSW Foster Care Program please contact us on 6162 5800 or email us at fcinfo@marymead.org.au



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Show your support for Marymead and keep up to date with the latest news and events by joining our Facebook, Twitter and Instagram and promoting it to your friends. This social media provides a medium for us to connect with our community, reach clients, and promote the interests of young people and their families in Canberra and beyond.



NEXGEN



NEXGEN'S annual Charity Race Day which was once again proudly supported by the Canberra Outlet Centre, was held in March, with this year exceeding previous years in raising a staggering \$32,500.

provides a break and respite for kids who have parents/siblings with disabilities, enabling them to develop coping and resilience skills, as well as socialisation.

If you are interested in joining NEXGEN or would like more information please contact Jo Dean-Ritchie on 6162 5800 or email marketing@marymead.org.au



This amazing group of young volunteers is currently raising funds for Marymead's KC Getaways Program, a program that



The Marymead Auxiliary



Marymead's wonderful Auxiliary continues to go from strength to strength, even after an amazing 50 years! With a record membership of almost 50 members and their best ever fundraising year raising just over \$86,000, there's just no stopping them! Marymead is just so grateful to the Auxiliary for all their hard work and efforts. They are an absolutely amazing group of ladies.

If you are interested in joining the Marymead Auxiliary or would like more information please contact Jo Dean-Ritchie on 6162 5800 or email marketing@marymead.org.au

Did you know that you can purchase from the Marymead Auxiliary's Nursery ALL YEAR ROUND!

That's right! Our Narrabundah nursery is now open every Monday morning* from 9.30am until Noon

*Except Public Holidays

GROUND COVERS HERBS
PERENNIALS SHRUBS TREES

What's coming up?

2016 MARYMEAD AUXILIARY EVENTS

SATURDAY 7 May	Monster Garage Sale	
SATURDAY 2 July	Autumn Plant SALE	
SATURDAY 24 Sept	Card & games DAY	
SATURDAY 7 May	Spring Plant SALE	
THURSDAY 21 July	Spring Morning Tea	
SATURDAY 24 Sept	FETE	

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ACKNOWLEDGEMENT OF TRADITIONAL OWNERSHIP

Marymead acknowledges the traditional custodians of country throughout Australia and their continuing connection to land, sea and community. We pay our respects to them and their cultures, and to the elders both past and present.

MARYMEAD IS A CATHOLIC AGENCY OF THE ARCHDIOCESE OF CANBERRA AND GOULBURN. ABN 90 677 510 841