



CANBERRA / COOMA / GOULBURN / MORUYA / QUEANBEYAN / WAGGA WAGGA / YASS / YOUNG



From the CEO

Dear friends of Marymead,

This last period of time has seen a series of exciting milestones for Marymead. It began with the successful 50th Anniversary Luncheon and Mass to celebrate half a century of Marymead's service to the community with more than 350 supporters and business people from the region attending the event. We were particularly thrilled that some of the Sisters from the Franciscan Missionaries of Mary who

established Marymead, were able to travel to participate and we paid tribute to their vision and work. At the luncheon we were also surprised and delighted to be presented with a very generous donation of \$10,000 from The Green Shed as part of their Charity Days Program. We also launched a new Regular Giving Program, 'Building Futures Fund' as a key fundraising initiative to raise money to meet targeted needs for our services such as small items like a care pack for a child who arrives in emergency circumstances, or large items like a playground at the new supervised contact service or a much needed vehicle for outreach work from our Wagga Wagga office to more remote areas.

Marymead is now well on its way with the redevelopment of the primary Marymead site at Narrabundah with the majority of services moving offsite in the last couple of months. The area is now fenced off ready for the demolition and build to begin, with our last service, the *mulch* horticultural social enterprise, relocating to the Hedley Beare Centre at Stirling at

the end of October. We have relocated other services from Narrabundah for the next two years to other sites across Canberra including: the main community and services building at the Rheinberger Centre in Yarralumla, some counselling services collocated with Parentline in Weston, short-term accommodation services to Rose House (whilst also continuing services for children at Ricky Stuart House), and some contact services at Griffith.

After some years of successfully delivering foster care services in the Southern and Western areas of NSW, we were advised in September that Marymead has been selected to extend our services in those regions as part of a new ground-breaking NSW Government strategy to focus on preservation work with families at risk, restoration work with children to family networks and of course our foster care support work in NSW continues. As you may know, Marymead has a long history of working to restore families through our counselling and support services in the ACT and Family

COVER IMAGE: Anti-Poverty Week event *Brunch on a Budget with the Brumbies* at the Marymead Fete.
LEFT: Camilla Rowland CEO, with Anne Kirwan, CEO of CatholicCare at the 50th Anniversary Luncheon.



Referral Service in NSW (in partnership with Mackillop) and this new initiative expands this work. This is a very exciting development which will aim to see fewer children removed from families in the community in years to come as we work therapeutically with families, with new services having commenced in October.

Finally, our Accommodation Services have been provided with a lifeline following some collaborative work with families, the National Disability Insurance Agency and the ACT Government Office for Disability. Many will be aware that for 50 years as central to our mission, Marymead has been a significant deliverer of short-term and emergency accommodation services for children, young people and young adults in the region. With the transition to the National Disability Insurance Scheme (NDIS) it was found that many people with complex need's NDIS plans did not contain sufficient funds for adequate short-term accommodation and Marymead had been supporting the program through its own reserves since the roll out of the NDIS two years ago. From the media you would have seen that at Marymead we were moving to a position where we could no longer afford to deliver the scope of the service without adequate funds and as a result of collaborative work with the Government agencies for each family, we will be able to continue this critical work for families. I would like to pay tribute to the staff team for their hard work and for their dedication to our vision and mission to meet the needs of families, to the Government agencies involved for understanding and responding to the situation and most importantly to the families who advocated and supported for the continuation of the accommodation service.

Camilla Rowland
Chief Executive Officer



From the Editor

Hi there...

It's hard to believe that this is the Christmas edition of Marymedia – how quickly the year has gone and what a wonderful year it has been.

It was of course our 50th anniversary this year which meant a year full of celebration. As you would have seen in the last edition of Marymedia (which you can find on our website if you missed it!) we had a Family Fun Day on Sunday 26 February, exactly 50 years to the day of Marymead opening its doors in 1967. The celebrations continued in June when we had our 50th Anniversary Luncheon and Mass at Holy Trinity Church in Curtin and the Woden Canberra Southern Cross Club. These were both great events with 350 of our supporters, community volunteers and corporate partners joining us for the luncheon to celebrate our amazing 50 year history and reflect on where we have come from and our mission going forwards.

This year has also seen the start of the major redevelopment of our original site in Narrabundah. Most of the staff have now moved across to our temporary home at the Rheinberger Centre in Yarralumla and as you will see later on in this edition, the programs who moved to other sites are settling in well to their new homes.

We are super excited to introduce you to our latest fundraising initiative to help ensure Marymead's long-term financial viability. Our 'Building Futures Fund' or 'BFF' for short, is Marymead's new Regular Giving and Workplace Giving Program that enables donors to choose a cause close to their heart or to where

the money is needed most. You may have already seen our ad on TV that was developed with help from our wonderful partners the WIN Network and the Brumbies.

We are delighted to be the Brumbies' Charity Partner and would like to thank them for their support and in particular their involvement with our recent BFF fundraising campaign. A big thank you also to the Canberra Southern Cross Club for allowing us to be part of their brilliant Community Rewards Program (make sure you become a member of the Club and nominate us as your chosen charity!). Lastly, but certainly by no means least, we would like to say thank you to Dymocks who continue to raise money for us particularly during the recent Children's Book Week and who have again donated a huge amount of brand new books for our At Home With Books Program. A big thank you to all our corporate partners and as usual we encourage you to support those who support us!

It's that time of year again – Christmas! As you know there are a lot of people in our community who are not as fortunate as we are so please give what you can this Christmas. Anything you can give, big or small, is greatly appreciated and helps us to give the families we support the Christmas they deserve.

From everyone here at Marymead we would like to wish you all a wonderful, safe and Merry Christmas! Thank you again for all the support you give to us and our families.

Looking forward to talking to you all in the New Year!

Take care,
Cass Scutt
Editor



SAD NEWS FROM THE AUXILIARY...

As we are going to print we have received very sad news that Coral Henderson, former Marymead Auxiliary President and passionate supporter and fundraiser for our cause, has died peacefully at Clare Holland Hospice after a long illness. Our thoughts and prayers are with Coral's husband Ron and family at this very sad time.

News from the Programs



**EVERY
MONDAY**

INCLUDING SCHOOL HOLIDAYS
10.00AM – 11.30AM

FROM 4 SEPTEMBER 2017
**BLACK MOUNTAIN
PENINSULAR**



BOUNDLESS BUDDIES Temporarily Relocate

Children of all abilities, their parents, grandparents and carers are invited to join Marymead and ACT Playgroups at Black Mountain Peninsula Playground every Monday from 10.00am to 11.30am for the Boundless Buddies Program, providing fun, therapeutic play activities for children.

The Boundless Buddies Program has temporarily moved while Boundless build an even better Boundless Playground! You'll find the Boundless Buddies Program at the Black Mountain Peninsular Playground until December 2017.

The Boundless Buddies Program is regularly visited by a skilled and qualified professional, providing support, information and referral for parents in regards to their children's development.

No bookings required.
For more information please visit marymead.org.au, boundlesscanberra.org.au or phone us on 1800 427 920.

newhorizons
Healthy Minds, Healthy People

NEW HORIZONS New Location

The New Horizons team has been part of a collaborative project with Parentline and has settled in well to their new office space in Weston whilst the project is underway over the next year or so. It's been a busy couple of months for the staff with a variety of groups running. Staff have also accessed a range of training opportunities, covering topics such as family violence, grief, loss and trauma and suicide prevention. One staff member has also been trained to facilitate DRUMBEAT, a program that uses music, psychology and neurobiology to help reconnect people to themselves and others.

This term has proven to be even busier with both Mental Health Week and Children's Week in October and four groups running throughout the school term. Fortunately we have been joined by a volunteer to help us keep up! In addition, New Horizons continue to work alongside staff and volunteers at Parentline to ensure parents and carers have access to telephone support and counselling.

Pip Northam
Service Coordinator – New Horizons

ACCOMMODATION SERVICES

Marymead's Accommodation Services has also settled into their new temporary home at Rose House. Clients are able to come for the day program or overnight stays, with the house being able to have up to seven clients stay overnight at one time.

All the clients have settled in well to their new home away from home, enjoying the variety of quiet areas to have their own space, the great views of the valley and all the kangaroos and rabbits that come to visit!

For more information on Marymead's Accommodation Services at either Rose House or Ricky Stuart House please email Pods@marymead.org.au or call 1800 427 920.



SUPPORT FOR *mulch*

Last month our *mulch* Program was broken into with its office trashed and a number of computer equipment items and cash from sales stolen. Fortunately no participants or staff were on site at the time and our staff did a great job of cleaning up before any of the participants arrived the next day. This break in comes at a particularly difficult time for the *mulch* Program as it has been preparing to move the whole horticultural program to its new site at the Hedley Beare Centre in Stirling this month. The amazing Canberra community however, as they always do, have rallied with offers of support and donations for replacements items. We would like to extend a sincere thanks to all these wonderful and generous donors.

mulch
marymead's urban
land community harvest

News from the Programs

FAMILY SKILLS

Upcoming Group Courses

ANGER MANAGEMENT AND SKILLS DEVELOPMENT

A group for men wishing to manage their anger and make positive changes in their lives.

\$80 / \$40 conc. Light dinner provided

Four Monday evenings

13 November to
4 December, 2017

5.30pm–8.30pm
Rheinberger Function Centre

HANDS ON PARENTING

A group for parents to explore the developmental and emotional needs of children and young people through the lens of attachment and to build on parenting skills.

\$100 / \$50 conc. Morning tea provided

Five Wednesday mornings

8 November to
6 December, 2017

9.30am–12.00 noon
Rheinberger Function Centre

PARENTING SKILLS FOR DADS

A group for Dads to explore the role of fathers in the lives of their children, understanding the developmental and emotional needs of children and young people through the lens of attachment and strengthening positive family relationships.

\$80 / \$40 conc. Light dinner provided

Four Tuesday evenings

14 November to
5 December, 2017

5.30pm–8.30pm
Rheinberger Function Centre

Marymead's Family Skills Program aims to improve parenting skills and strengthen family relationships. For more information or to make a booking please call 1800 427 920 or email familyskills@marymead.org.au



AUTISM CENTRE

Support and Special Interest Groups

The Marymead Autism Centre is developing support and special interest groups for individuals on the Autism Spectrum and their families. We would like your input on which groups you would find beneficial by filling out a survey online. Please contact the Autism Centre to find out more about the database and how you can be involved in the survey. Establishment of these groups would be dependent on numbers.

Marymead's Autism Centre provides services and support to individuals and families affected by Autism Spectrum Disorder (ASD). For more information on Marymead's Autism Centre please email autism@marymead.org.au or call 1800 427 920.

Mitzi Polacsek
Team Leader
Autism Centre

Beyond Bank AUSTRALIA

Marymead's Autism Centre would like to thank Beyond Bank for their continued support.

If you are interested in opening an online savings account, consider Beyond Bank. On your behalf and at no cost to you, every year they will donate a percentage of account holders' annual average balances to Marymead's Autism Centre. Just nominate us as your chosen registered charity when you open your account. For more information visit beyondbank.com.au



FOSTER CARE

A big thank you from the Foster Care Team

We are very fortunate to have a significant number of very special members of the public support us in many different ways, but on this occasion we would like to acknowledge one special person – Lorraine Wharton.

Lorraine, with help from a group of friends, delivers backpacks and bags full of items for children coming into foster care and children already in care who just need a little gift. The packs contain items such as teddy bears,

a blanket, drink bottle, colouring in books and pencils, tooth brush and tooth paste and a hair brush, with different packs made up depending on the age group.

Lorraine and her friends buy all of these items out of their own pocket and ask for nothing in return, just that the packs find loving homes. We would like to say a big thank you to Lorraine and her friends for their generosity and kindness and for helping to brighten the day of the children in our Foster Care program.

Michelle Redman
Carer Support
NSW Foster Care

Thinking of becoming a foster carer?

We are in urgent need of foster carers in regional areas of NSW. You can change a child's life and there is no better time than now! Please contact our Foster Care Team today on 1800 427 920 or fcinfo@marymead.org.au

Other News



OUR BRAND NEW REGULAR GIVING PROGRAM – Building Futures Fund (BFF)

The Marketing Team have been extra busy in the last couple of months developing our latest fundraising initiative – Building Futures Fund or BFF for short. This program allows donors to pledge an amount of their choice to one of our service areas or to where the money is needed most at the time. These consistent and reliable donations mean financial stability for us and give us the ability to plan and dedicate funds to our programs enabling us to help vulnerable children & families now and into the future.

If you would like to become a BFF or find out more about the program please visit our website, email us at bff@marymead.org.au or call us on 1800 427 920.



RIVERINA TRUCK SHOW AND KIDS CONVOY

Our team in Wagga Wagga recently attended the Riverina Truck Show and Kids Convoy. It was a great day and gave the team the opportunity to chat to attendees about our services in the area. A sudden freak storm was one of the most memorable parts of the day, only lasting less than a few minutes but crushing eight cars with strong winds causing trees to fall! We are glad to report that no one was hurt.

Our Wagga Wagga office is located at 49 Best Street so please feel free to drop in and chat to our friendly team about the services we offer in the area.

NAIDOC WEEK CELEBRATIONS

The 2nd–9th July 2017 was NAIDOC Week and what a big week of celebrations it was!

This year the theme was ‘Our Languages Matter’ with the main NAIDOC Week celebration being hosted by Community Services #1. It was a great event with live music, displays, children’s workshops, BBQ, stalls and performances.

Marymead staff also attended the Eurobodalla NAIDOC Awards Ball in Narooma, a NAIDOC Week football match in Batemans Bay, complete with a smoking ceremony and dancing and also had a stall at the Eurobodalla Shire Council NAIDOC event in Moruya!

CANBERRA OUTLET CENTRE

Canberra Outlet will be helping make your Christmas easier!

GOLD COIN DONATION SANTA PHOTOS
Canberra Outlet is saving you money this Christmas with Santa photos in their enchanted forest available for a gold coin donation with all proceeds going to Marymead.

CHRISTMAS AT SANTA’S WORKSHOP
Santa’s Elves will be visiting the Centre and helping the little ones to create decorations for the tree. Visit them in Centre from the 14th of December.

To find out what else Canberra Outlet has in Centre this Christmas visit their website canberraoutletcentre.com.au

Help Marymead give vulnerable children and families the Christmas they deserve.

There are a few ways you can make a difference to vulnerable children and their families this Christmas.

1
MAKE A SINGLE OR REGULAR DONATION
VIA OUR WEBSITE marymead.org.au

DONATIONS OF \$2.00 OR MORE ARE TAX DEDUCTIBLE

2
DONATE A GIFT FOR A CHILD OR YOUNG PERSON
PREFERABLY UNWRAPPED PLEASE

PLEASE DROP THE GIFTS INTO MARYMEAD BEFORE 15TH DECEMBER

3
PURCHASE A GIFT CARD/VOUCHER
FOR THE CHILDREN AND FAMILIES WITH WHOM WE WORK

SOME SUGGESTIONS ARE: Grocery Gift Cards / Vouchers, Store Gift Cards / Vouchers, Movie Tickets, School Holiday Activity Tickets

4
ORGANISE A GIVING TREE
FOR YOUR WORKPLACE

PLEASE DROP THE GIFTS INTO MARYMEAD BEFORE 15TH DECEMBER

You can make a difference



VOLUNTEERING

On Tuesday 19 September Marymead hosted a stall at the 2017 Volunteering Expo held at the Canberra Southern Cross Club in Woden. There was a lot of interest from a wide cross-section of the community wanting more information about our current volunteering opportunities. Two people were that keen they took an application form to fill out! All in all it was a successful event. Thank you to all staff that assisted on the day. A special mention must go to Lorraine Jansen from the Marymead Auxiliary and Sandra Anderson from NEXGEN for your time and expertise. It was fantastic to have our fundraisers represented!

We can proudly report that we've had 26 new volunteer recruits during 2017 across a variety of areas and the year is not over yet! Welcome to one and all of you, we really value your contributions. And to our existing volunteers, your time and effort makes an amazing difference to the lives of those who need our services so – **Thank You!**

International Volunteer Day (IVD) Tuesday 5 December

Established by the United Nations General Assembly in 1985, International Volunteer Day allows us and our volunteers the opportunity to raise the public awareness of contributions volunteers make to economic and social development at all levels. To celebrate, we will be holding a morning tea for all our volunteers to not only say thank you but to provide an opportunity to meet other volunteers, catch up with any friends made along the way or even to swap stories. More details will be placed on our website and social media channels soon.

Marymead is looking to expand its volunteer pool both within its existing base and new areas. If you have an interest in working with people affected by disability, fundraising, events, have a specialised skill that you would like to offer or just want to get involved in your local community, talk to us about how you can contribute! Volunteering is a great way to meet new people, help those in need, experience new things and give a little back to your community.

Diana Crombie

Student Placement & Volunteer Coordinator

To find out more about our current opportunities, check out our website at marymead.org.au/volunteering or contact the Student Placement and Volunteer Coordinator on 1800 427 920 or email volunteering@marymead.org.au

NEXGEN

What a big year it has been for NEXGEN, hosting a wonderfully successful Race Day, helping raise valuable funds by running the Café at our recent fete, as well as providing support for many of our 50th anniversary celebrations.

Sadly we have had to say goodbye to two key members of NEXGEN. After five years, Rowan Mutandadzi, NEXGEN's treasurer, has reluctantly decided to step aside from NEXGEN due to business and personal commitments while Courtney Ahrens, NEXGEN's secretary, has relocated to Sydney. We cannot thank Rowan and Courtney enough for all the time, energy and support they have given to NEXGEN and Marymead and we wish them all the best in their future endeavours.

An especially big thank you for the support NEXGEN has given us during our 50th anniversary celebrations, particularly the 50th Anniversary Luncheon in June. Their support as always, was invaluable and greatly appreciated.

A huge thank you too to the Canberra Outlet Centre who have again jumped on board to sponsor NEXGEN's major fundraising event – the Charity Race Day! Next year the Canberra Outlet Centre Charity Race Day will be on Saturday 24 March. Make sure you save the date as it's sure to be another great day!

Have you been thinking about volunteering? Now is the time! Our NEXGEN volunteers are a fabulous group of young individuals who raise vital funds for Marymead and they want you to join them! For more information please email volunteering@marymead.org.au

SAVE THE DATE
24 MARCH 2018

CANBERRA
OUTLET CENTRE
PROUDLY SUPPORTING MARYMEAD

Charity
RACE DAY
THOROUGHBRED PARK

FOR MORE INFORMATION CONTACT
CASS SCUTT ON 6162 5800
OR EMAIL events@marymead.org.au

News



ANNUAL FETE

What's on at Marymead



THE MARYMEAD AUXILIARY

There really is just no stopping our wonderful Auxiliary!

This year has been full of wonderful fundraising events including garage and plant sales, an exclusive preview of Agatha Christie's *The Verdict*, a Card and Games Day in August, as well as the biggest Auxiliary fundraising event of the year – the Marymead Annual Fete on Saturday 14 October raising over \$15,000!

The good news is that our garage and plant sales will continue at Yarralumla! Our amazing Gardening Gals will still be selling their plants however it will be wound back a little while we are located in Yarralumla with the garage sales continuing at the Rheinberger Centre with lots of high quality clothes, craft, toys, jewellery and books for a bargain price!

The Auxiliary's support, effort and commitment to Marymead continue to amaze us and we can't thank them enough for everything they do for us and the families we support.



ANNUAL FETE



MARYMEAD'S 50TH ANNIVERSARY
Art & Jewellery Exhibition

10 - 11 - 12 November 2017

JOIN US ON THE OPENING NIGHT
FRIDAY 10 NOVEMBER FROM 6.00PM.
10AM TO 4PM SATURDAY & SUNDAY



RHEINBERGER CENTRE
CORNER WESTON & LOCH STREETS,
YARRALUMLA

Spring Morning Tea
Thurs 16 November 2017



IN THE GARDENS AT
GOVERNMENT HOUSE,
YARRALUMLA
10.00am

For more information on any of our upcoming events please contact Cass on events@marymead.org.au or 1800 427 920.



HMAS CANBERRA BUILD PLAYGROUND FOR MARYMEAD

We would like to say a huge thank you to the HMAS Canberra team for the days of hard work they put into constructing the playground at Marymead for visiting children. All the clients and staff who have seen the playground think it is absolutely awesome and we cannot thank them enough for volunteering all their time, expertise and muscle to us, even staying until 8.30pm at night and returning at 6.30am to ensure the playground was finished in time for our Fete. Thank you HMAS Canberra!

QUIKSILVER



M.J. BALE

Roadhouse

ECCO

SHERIDAN
OUTLET

COTTON:ON

Villeroy & Boch
1748

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MAGAZINE



DYMOCKS



BUNNINGS
warehouse
FYSHWICK ACT

If you are a member of the
Canberra Southern Cross Club
supporting Marymead has
just become easier...

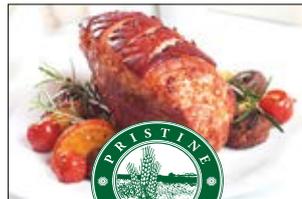
Simply nominate Marymead as your preferred
charity and 10% of your food and beverage spend
at it's venues* will be donated to Marymead!



*10% of member spend is calculated on food and beverage
purchases at Canberra Southern Cross Club Woden,
Jamison, Tuggeranong and Yacht Club venues.
Functions and purchases made on the boat are not included.

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Pristine; Pure, unspiced, unmodified.



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ocean trout? Now's the time!

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OR VISIT griffithbutchery.com.au

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CNR WESTON & LOCH STS YARRALUMLA
PHONE 1800 427 920

GOULBURN
32 VERNER ST GOULBURN
PHONE 02 4827 1600

WAGGA WAGGA
49 BEST ST WAGGA WAGGA
PHONE 0429 510 034

MORUYA
CNR CAMPBELL & PAGE STS MORUYA
PHONE 0406 375 247

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marymead
children • families • community

ACKNOWLEDGEMENT OF TRADITIONAL OWNERSHIP Marymead acknowledges the traditional custodians of country throughout Australia and their continuing connection to land, sea and community. We pay our respects to them and their cultures and to the elders both past and present.

MARYMEAD IS A CATHOLIC AGENCY OF THE ARCHDIOCESE OF CANBERRA AND GOULBURN. ABN 90 677 510 841

